

| Period 1 | 7:45-8:30 |
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| Period 2 | $8: 35-9: 20$ |
| Period 3 | $9: 25-10: 10$ |
| Assembly | $10: 10-10: 25$ |
| Break | $10: 25-10: 35$ |
| Period 4 | $10: 40-11: 30$ |
| Lunch | $11: 30-12: 00$ |
| Period 5 | $12: 05-12: 55$ |
| Period 6 | $1: 00-1: 50$ |
| Period 7 | $1: 55-2: 45$ |

Happy Friday CMS! Today we will have an altered Bell Schedule to accommodate a Special Assembly. You will attend $1^{\text {st }}$ through $3^{\text {rd }}$ periods before heading to the Outdoor Sports Court or Gym (weather depending). After the assembly has concluded, you will be released for Break.

Congratulations to Eta Gao who is this week's Cougar Spirit Winner! Please find Mrs. Wells during break to choose your prize! Go Cougars!

Attention Cougars: Get ready for today's FUN FRIDAY ACTIVITY that will be hosted by the Environmental Club and the Leadership Class! Come out to the main quad to have some fun, learn how to protect the environment, show your recycling knowledge in our Waste Race, or paint environmental messages on rocks to beautify your garden. There will be cookies and Cougar Bucks handed out as well. If you collect four Cougar Bucks, head over to the Student Store for a delicious ice cream treat!

## Good Luck to our Tennis and Track and Field Teams in their matches this afternoon. Go Cougars!!

Wiffle The KrislynBay Krill crawled from behind, out of the plankton net, and beat the Guzziberg Gastropds 7-3. The Gastropods offense went into pop-up mode while the Krill put the ball in play and took advantage of their opponents lackluster fielding skills to win and move up in the food chain. Today will be the MathCity Banana Slugs vs the Silva Sea Cucumbers...two teams in search of a win. Las Vegas bookies say the smart money is on the Sea Cucumbers.

Attention all 7th Grade Students interested in attending the 2022/2023 CMS Lava Beds trip next year. Please turn your completed packets into Mr. Woodward as soon as possible.

Today's Menus: Breakfast: Bagels and Cereal Lunch: Cheese or Pepperoni French Bread Pizza.

Happy Birthday to the students and staff celebrating over the weekend

